



MAY 17: MENTAL HEALTH AWARENESS SUNDAY

Organizations in the United States began promoting Mental Health Awareness week in 1949. The event eventually came to encompass Mental Health Month, observed annually in May. The Susquehanna Conference of the United Methodist Church marks the occasion with Mental Health Awareness Sunday, when we recognize the need to support ministries that attend to the mental health of God's children. In our conference, this special offering supports the Mental Health Ministry of the conference.

Leading Worship:

Michael Swimley, Pastor

570-447-5331 mswimley@susumc.org

Patty DeCapria, CLM, Children and Youth Minister

814-777-3376 pattydecapria@gmail.com

James Beatty, Minister of Music

Liturgist: Cathy Rideout



Sunday

May 17, 2026

9:30am

Livestream at 9:30am on
our Facebook page.

Welcome to worship at
[Mt Nittany Church](#)

So often we can develop a “better than” mentality and couch it as being faithful to God; yet, that mentality, more often than not, is in direct opposition to the demonstration of love Jesus gave.

Giving:

Mt. Nittany UMC.org

Mount Nittany UMC

1500 E. Branch Rd

State College, PA 16801

mnumcoffice@gmail.com

814 237-3549



Greeting

Prelude

Centering Words

Luke 6: 43-45

43 “No good tree bears bad fruit, nor again does a bad tree bear good fruit; 44 for each tree is known by its own fruit.

For people do not gather figs from thorns, nor do they pick grapes from a bramble bush.

45 The good person out of the good treasure of the heart produces good, and the evil person out of evil treasure produces evil, **for it is out of the abundance of the heart that the mouth speaks.**

Opening Prayer

God of love, with praise we celebrate Jesus Christ, who humbled himself so that every knee should bend and every tongue confess that Jesus Christ is Lord. Amen.

*Opening Praise

Hail the Day That Sees Him Rise #312
Alleluia! Sing to Jesus

Scripture

Philippians 2: 1-13

Special Music

Rise Again

Children's Message

Message

Stop Looking Down on Others: Love Like Jesus

*Gospel Praise

Holy Forever

The Peace

*Offertory Response

Majesty, Worship His Majesty #176

*Prayers of Thanksgiving

Prayers of the People

The Lord's Prayer

*Closing Praise

Jesus Shall Reign #157

*Sending

Projected

Postlude

*You are invited to stand as you are able or willing.

Prayer List

Pat Sankey, Barbara Gotwalt, Darla Franks, Deb Poulin, Carol Bair, Arica Monsell, Mike Moyer, John Shawver, Pam Swimley, Joan Lassman, Steffenson Family, Kathy Tambourine, Art Leach

Announcements

Youth

Our youth group, Elevate, will meet today, May 17, from 3-5 pm at Park Forest UMC for wacky games, skts, and snacks.

Graduate Recognition

It will soon be time for some students to graduate from high school and college.

If you would like to honor a special graduate, please fill out the form located in the lobby and place it in the offering plate or share it with Patty DeCapria. We will celebrate our graduates at our worship service on May 31.

Please return this form by May 25.

Giving Garden

The Giving Garden will be sowing seeds and putting in plants May 22 (6-7pm) May 23 (9-10am) and May 24 (3-4pm). Everyone of every age is encouraged to join in one of the sessions. Bring gloves, but we have everything else!

5th Sunday

May has 5 Sundays this year. This Sunday will be more informal. Wear summer bright clothes, summer hats, etc. We will celebrate God's creation of warmer weather.

A Reunion Concert for All Bell Ringers

We invite all bell ringers for a Sunday morning concert on May 31. All those who have participated in bells are welcome to play several pieces during worship. Practice will be held on Wednesdays, from 6:30 - 7:30 pm. We hope you will join us for this special time in sharing our talents in worship.

Rise Up!

Each year, the districts in our Annual Conference collect items for the various kits Mission Central provides to those in need after a disaster or to people lacking funds to purchase basic items.

This year, our district, Mountain Valley, will be collecting two items for two different kits (school and personal care). We will be collecting **erasers** for school kits and **hand towels** for personal care kits.

Please see our collection location in the lobby area. We will continue to collect through Sunday, May 24. We will then transport to Williamsport for our Annual Conference gathering. Thank you always for your generosity!

Pentecost Sunday

Come celebrate the birthday of the church! Red is the color associated with this Sunday. So, on May 24th wear a splash of red in celebration of the Holy Spirit and the birth of the church.

Quilting

May 18 will be the last day for quilting. We will resume after Labor Day.

Calendar

May 17-23

Sunday

Friendship Class	8:30am	Boardroom
Worship	9:30am	Sanctuary
Children's Sunday School	9:30am	S/C Ed. Rm
Donuts + fellowship	10:30am	FLC
Youth Gathering	3-5pm	Park Forest UMC

Monday

Pastor Hours	9-11am	Pastor's Office
Quilters	9:30am	Spring Creek Rm

Tuesday

Pastor Hours	9-11am	Pastor's office
Election Day	7am - 8pm	FLC

Wednesday

Girl Scouts	6-7:30pm	FLC
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Thursday

Karate	5:30-6:30pm	FLC
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